

# PREPARATION: 24-HOUR URINE COLLECTION FOR B2 MICROGLOBULIN ASSAY

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Dear Sir/Madam,

Please be advised that it is important to follow the instructions below to perform this test.

### PREPARATION FOR URINE COLLECTION

- o Use only special containers from pharmacies.
- o Pick up the preservative from the Collection Center to be placed in the container.
- o During collection, avoid exposing the container to light and temperatures above 10°C possibly by storing it in a refrigerator.

## Warnings

The preservative contains NAOH 1N.

- O Do not leave the container within the reach of children.
- Do not breathe dust/fume/gas/mist/vapors/aerosols.
- o In case of skin contact, remove any contaminated clothing and wash thoroughly with water.
- o In case of contact with the eyes, wash thoroughly with water, remove, if easy, any contact lenses, and contact the nearest emergency room.
- o Do not ingest. In case of accidental ingestion, contact the nearest emergency room.
- o In case of access to the emergency room, bring this preparation with you and show it to the medical staff.

## 24-HOUR URINE COLLECTION

- 1. Place the preservative inside the collection container.
- 2. Discard the first morning urine.
- 3. Start collection at 7:00 a.m., collect all subsequent urine in the container including the following morning one (also at 7:00 a.m. at end of collection).

### **SAMPLE DELIVERY**

The container with the collected urine must be delivered during the opening hours of the Collection Center.

The sample is stable for 5 days at 15-25°C; for longer times up to 14 days, refrigerate and transport the sample at +2/8°C.

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